

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 5 19-20*	Race 5 21-22	
1	Hyde Park Harriers	13977	10027	28.3
2	York Postal Harriers	21486	16768	22.0
3	St Theresa's AC	19236	15087	21.6
4	Airecentre Pacers	23085	19382	16.0
5	Bradford Airedale AC	35424	30085	15.1
6	York Tri Club	35319	31516	10.8
7	Kippax Harriers	19198	17920	6.7
8	Abbey Runners	11868	11225	5.4
9	Ackworth Road Runners	18561	17942	3.3
10	Eccleshill Road Runners	36179	36441	-0.7
11	Kirkstall Harriers	19489	20244	-3.9
12	Dragons RC	25614	28517	-11.3
13	Rothwell Harriers	16330	19372	-18.6
14	Wharfedale Harriers	19599	23381	-19.3
15	Valley Striders	8432	10070	-19.4
16	Ilkley Harriers	18223	21838	-19.8
17	Chapel Allerton Runners	12333	15302	-24.1
18	Knaresborough Striders	17571	22700	-29.2
19	Harrogate Harriers	10201	13999	-37.2
20	Nidd Valley Road Runners	16949	23366	-37.9
21	Saltaire Striders	11152	15658	-40.4
22	Roundhay Runners	7159	10443	-45.9
23	Horsforth Harriers	10716	19041	-77.7
24	Wetherby Runners	13919	25572	-83.7